



# I AM HOLY

IT'S A LIFESTYLE

**DISCUSSION GUIDE  
& 5 DAY  
DEVOTIONAL**

# **I AM HOLY: IT'S A LIFESTYLE DISCUSSION GUIDE**

## **Summary**

The sermon focuses on the concept of holiness and addresses common misconceptions about what it means to live a holy life. Pastor Eric emphasizes that believers are already made holy through Christ's sacrifice, but are called to pursue holiness as a lifestyle. He challenges three main misconceptions: that holiness requires moral perfection, that it demands complete separation from non-believers, and that it involves too many restrictive rules.

## **Intro Prayer**

Heavenly Father, as we gather to discuss holiness, open our hearts and minds to understand Your truth. Remove any misconceptions or past hurts that may cloud our understanding of what it means to be holy. Help us to receive Your word with clarity and purpose. In Jesus' name, Amen.

## **Ice Breaker**

What's the first thing that comes to mind when you hear the word 'holy'?

## **Key Verses**

- 1 Peter 1:13-16
- Ephesians 1:4
- 2 Corinthians 6:17
- Hebrews 12:14

## **Life Application**

This week, identify one area of your life where you've been compromising in your pursuit of holiness. Make a conscious decision to align that area with God's standards, not out of obligation but as a response to His love and grace.

## **Key Takeaways**

- Believers are already made holy through Christ's sacrifice
- Holiness doesn't require moral perfection but rather a pursuit of God's standards
- Living holy doesn't mean complete separation from non-believers
- Holiness should be a lifestyle choice, not just a Sunday experience
- Our pursuit of holiness is our response to a holy God

## **Questions**

- What misconceptions about holiness have you encountered in your faith journey?
- How does understanding that we are already made holy through Christ change your perspective on living a holy life?
- Why do you think people often equate holiness with separation from non-believers?
- How can we balance being 'in the world but not of it' while pursuing holiness?
- What's the difference between following rules and pursuing holiness as a lifestyle?
- How does God's grace relate to our pursuit of holiness?
- What areas of your life do you find it most challenging to live out holiness?
- How can we encourage others in their pursuit of holiness without becoming judgmental?

## **Ending Prayer**

Lord, thank You for making us holy through Christ's sacrifice. Help us to live out this holiness not as a burden but as a grateful response to Your love. Give us strength to pursue holiness as a lifestyle, knowing that Your grace empowers us. Guide us to reflect Your holiness in all areas of our lives. In Jesus' name, Amen.

## **Day 1: Called to Holiness**

### **Devotional**

Have you ever felt like you weren't 'good enough' for God? Many believers struggle with this feeling, believing they need to achieve perfect behavior before they can be considered holy. But here's the beautiful truth: your holiness isn't based on your performance—it's based on Christ's finished work. When you accepted Jesus as your Savior, you were immediately made holy through His sacrifice. This isn't about earning holiness; it's about receiving it as a gift through faith. Just like a child inherits their parent's DNA, we inherit Christ's holiness when we become part of God's family. This truth should bring freedom, not pressure. You don't have to prove yourself worthy; Christ has already made you worthy.

### **Bible Verse**

"But of Him you are in Christ Jesus, who became for us wisdom from God—and righteousness and sanctification and redemption." - 1 Corinthians 1:30

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## **Day 1: Called to Holiness**

### **Reflection Question**

How might your daily life look different if you truly believed and lived in the reality that you are already holy through Christ?

### **Quote**

If you have given your life to Christ, if you have said to him that he is your Savior, if you have received Him, I need you to know that you are holy.

### **Prayer**

Father, thank You for making me holy through Christ's sacrifice. Help me to walk in this truth today, living not to earn Your love but to express my gratitude for what You've already done. Give me the courage to embrace my identity as Your holy child. Amen.

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## **Day 2: Breaking Free from Perfect Performance**

### **Devotional**

Perfectionism can be a heavy burden, especially in our spiritual lives. Sometimes we get caught up in trying to maintain a flawless record, forgetting that even the greatest saints had their struggles. God isn't looking for perfect performance—He's looking for a willing heart. When we stumble, it's not about staying down; it's about getting back up and continuing to pursue Him. Remember, holiness isn't about never making mistakes; it's about consistently choosing to return to God when we do. This journey isn't about perfection; it's about progression. Each time we choose to get back up and continue walking with God, we're growing in holiness.

### **Bible Verse**

"For by one offering He has perfected forever those who are being sanctified." - Hebrews 10:8-10

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## **Day 2: Breaking Free from Perfect Performance**

### **Reflection Question**

What areas of your life have you been trying to perfect in your own strength rather than relying on God's grace?

### **Quote**

You can't be perfect. You ain't gonna get it right all the time. But are you willing to dust your behind up, stand back on your feet and start moving towards holiness?

### **Prayer**

Lord, release me from the burden of perfectionism. Help me to embrace Your grace when I fall and give me the strength to keep pursuing You. Thank You that Your love isn't based on my performance. Amen.



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## **Day 3: Living Holy in an Unholy World**

### **Devotional**

Many Christians struggle with how to be holy while living in the world. Some believe holiness means complete isolation from non-believers, but Jesus showed us a different way. He attended weddings, dined with tax collectors, and engaged with people from all walks of life—all while maintaining His holy nature. Being holy doesn't mean withdrawing from the world; it means bringing God's light into dark places. We're called to be different while being present, to influence without being influenced. This balance allows us to fulfill our mission of reaching others with Christ's love while staying true to our holy calling.

### **Bible Verse**

"Therefore 'Come out from among them and be separate,' says the Lord. 'Do not touch what is unclean, and I will receive you.'" - 2 Corinthians 6:17

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## **Day 3: Living Holy in an Unholy World**

### ***Reflection Question***

How can you better balance being holy while still effectively reaching those who don't know Christ?

### ***Quote***

My man Jesus, he hung out with all the wrong kind of people. Matter of fact, his first miracle, the first one, I mean, the very first one he pulled up at the wedding.

### ***Prayer***

Jesus, give me wisdom to live holy while engaging with the world around me. Help me to be a light in dark places without compromising my walk with You. Use me to draw others to Your love. Amen.

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## **Day 4: The Power of Choice**

### **Devotional**

Every day presents us with countless choices that either draw us closer to or further from God. While it might seem easier if God forced us to make the right decisions, He lovingly gives us the freedom to choose. This freedom is both a privilege and a responsibility. When we consistently choose to align our lives with God's Word, we're not just following rules—we're responding to His love. These daily decisions shape our character and strengthen our relationship with Him. Remember, every choice matters, not because it determines our salvation, but because it affects our spiritual growth and witness.

### **Bible Verse**

"And if it seems evil to you to serve the Lord, choose for yourselves this day whom you will serve... But as for me and my house, we will serve the Lord." - Joshua 24:15

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## **Day 4: The Power of Choice**

### **Reflection Question**

What specific choices are you facing today that will impact your walk of holiness?

### **Quote**

He always gives you the choice. He always lets you decide. He will never pull you and say, come over here, boy. You're gonna do this whether you want to or not.

### **Prayer**

Heavenly Father, grant me wisdom in the choices I make today. Help me to choose Your way, not out of obligation, but out of love and devotion to You. Strengthen my resolve to live holy. Amen.

## **Day 5: The Blessing of Holy Living**

### **Devotional**

Sometimes we view holiness as a list of restrictions that limit our enjoyment of life. However, God's call to holiness is actually His invitation to experience life at its fullest. Living holy isn't about missing out—it's about stepping into the abundant life Jesus promised. When we align our lives with God's design, we experience peace that surpasses understanding, joy that transcends circumstances, and purpose that fulfills our deepest longings. Holiness isn't a burden; it's a blessing that protects us and positions us to receive all that God has planned for our lives.

### **Bible Verse**

"For God did not call us to uncleanness, but in holiness. Therefore he who rejects this does not reject man, but God, who has also given us His Holy Spirit." - 1 Thessalonians 4:7-8

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## **Day 5: The Blessing of Holy Living**

### ***Reflection Question***

What blessings have you experienced in your life as a result of pursuing holiness?

### ***Quote***

Everything that comes along with living holy is so that you can have a better life.

### ***Prayer***

Thank You, Lord, for the gift of holiness. Help me to see it as a blessing rather than a burden. Show me the beauty of living life according to Your design, and help me to embrace the abundant life You've promised. Amen.