



# **MOVE WITH CONVICTION**

THE CONSEQUENCES OF COMPROMISE

***Discussion Guide &  
5 Day Devotional***



## **DISCUSSION GUIDE:**

**Moving with Conviction | Pastor Eric Youman | Sunday 1.19.25**

### **Summary**

Sunday's sermon focused on the importance of moving with conviction in our faith walk, using the story of Esau and Jacob from Genesis 25:29 as a backdrop. The sermon emphasizes that our convictions and values define who we are and how we show up in the world. Esau's story serves as a cautionary tale about the consequences of compromising one's birthright for momentary satisfaction. Pastor Eric encouraged us to live by godly convictions, highlighting the importance of standing firm in one's beliefs and values, especially in the face of temptation and compromise.

### **Intro Prayer**

Heavenly Father, we come before You today with open hearts and minds, ready to receive Your word. We ask that You guide our discussion and help us to understand the importance of living with conviction. May we be open to what You want to teach us today, and may Your Holy Spirit lead us in truth and wisdom. In Jesus' name, we pray. Amen.

### **Ice Breaker**

What is one value or principle that you hold dear and try to live by every day?

### **Key Verses**

- Genesis 25:29-34
- Proverbs 29:1
- Jeremiah 29:11

### **Questions**

- What does it mean to 'move with conviction' in your own words?
- How do you think Esau's lack of conviction led to his downfall?
- Can you share a time when you had to stand firm in your convictions?
- What are some modern-day 'birthrights' that we might be tempted to compromise?
- How can we identify areas in our lives where we might be compromising our values?
- What role does the Word of God play in shaping your convictions?
- Why is it important to have personal convictions, and how do they guide your decisions?
- How can we support each other in living out our convictions in our daily lives?

## **Life Application**

This week, identify one area in your life where you feel you might be compromising your convictions. Pray for strength and guidance to stand firm in that area and take practical steps to align your actions with your values.

## **Key Takeaways**

- Convictions and values define who we are and how we show up in the world.
- Compromise can lead to significant consequences, as seen in Esau's story.
- Living with godly convictions requires standing firm in our beliefs, even when it's challenging.
- Our birthright in Christ includes special attention from God and the power to overcome challenges.
- Understanding the value of our spiritual birthright helps us resist the temptation to compromise.

## **Ending Prayer**

Lord, we thank You for the time we've spent together in Your word. Help us to live with conviction and to stand firm in our faith. May we always seek Your guidance and wisdom in our decisions. Strengthen us to resist compromise and to live lives that honor You. In Jesus' name, we pray. Amen.



# Moving with Conviction: 5 Day Devotional

## Day 1: Standing Firm in Your Faith

### Devotional

In today's world, it's becoming increasingly challenging to maintain strong Christian values. Like a lighthouse standing firm against crashing waves, our convictions serve as a beacon of hope and guidance in stormy times. These aren't just rules we follow; they're the core principles that define who we are as followers of Christ. When we stand firm in our faith, we don't just protect ourselves - we light the way for others seeking truth in a world of compromise. Think about the lighthouses of old: they didn't move or change their position based on the weather or circumstances. Similarly, our convictions shouldn't waver based on cultural pressures or temporary challenges.

### Bible Verse

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. - Jeremiah 29:11

### Reflection Question

What are the core convictions in your life that you refuse to compromise, and how do these values reflect your relationship with God?

**Quote** What is supposed to separate us from the world is our godly values and our convictions.

### Prayer

Heavenly Father, grant me the strength to stand firm in my faith. Help me establish and maintain godly convictions that honor You and guide my daily decisions. Give me courage when facing pressure to compromise. In Jesus' name, Amen.



# Day 2: The Danger of Small Compromises

## Devotional

Have you ever noticed how a small crack in a windshield can gradually spread until it affects your entire view? Similarly, small compromises in our faith journey can lead to significant spiritual damage over time. It often starts with what seems like minor concessions - a small bend here, a slight compromise there. Before we know it, these small decisions can accumulate and affect our entire spiritual perspective. The good news is that God's grace provides us the strength to recognize and resist these subtle compromises, helping us maintain our spiritual integrity.

## Bible Verse

He who is often rebuked, and hardens his neck, Will suddenly be destroyed, and that without remedy. - Proverbs 29:1

## Reflection Question

What small compromises have you noticed creeping into your life, and what steps can you take today to address them?

**Quote** You don't get to places of compromise just overnight. You bend the rules, you bend your convictions.

## Prayer

Lord, help me recognize the small compromises in my life. Give me wisdom to see where I'm starting to bend and the strength to stand firm. Thank you for Your grace that enables me to walk in integrity. In Jesus' name, Amen.



## Day 3: Living with Purpose

### Devotional

Living a life of purpose means having convictions worth standing for. Just as a tree needs deep roots to withstand strong winds, we need deeply rooted convictions to navigate life's challenges. These convictions aren't just about what we won't do - they're about what we're committed to doing for God's kingdom. When we understand the value of our spiritual inheritance, we approach our faith walk with intentionality and excellence, knowing that every choice matters in our journey with God.

### Bible Verse

When Esau heard his father's words, he burst out with a loud and bitter cry and said to his father, Bless me—me too, my father! - Genesis 25:29

### Reflection Question

What aspects of your spiritual inheritance do you value most, and how does this influence your daily choices?

### Quote

If a man doesn't have anything that he will die for, he really doesn't have anything to live for.

### Prayer

Father God, help me to value the spiritual inheritance You've given me. Guide me to live with purpose and conviction, making choices that honor You. Thank You for Your faithful guidance. In Jesus' name, Amen.



## Day 4: Excellence in Service

### Devotional

Excellence isn't about perfection; it's about giving our best in everything we do for God. Whether we're serving in church, at work, or at home, our commitment to excellence reflects our love for God and respect for His calling on our lives. This doesn't mean we never make mistakes, but it does mean we approach our responsibilities with dedication and purpose. When we serve with excellence, we demonstrate that our faith isn't just about Sunday worship - it's about living out our convictions in every area of life.

### Bible Verse

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. - Jeremiah 29:11

### Reflection Question

In what areas of your life could you improve in showing excellence for God, and what specific steps can you take to make that improvement?

### Quote

When it comes to God's business, If I'm doing it for him, I'm doing it to the best of my ability.

### Prayer

Lord, help me serve You with excellence in everything I do. Show me areas where I can improve and give me the strength to give my best for Your glory. In Jesus' name, Amen.



# Day 5: Growing Through Challenges

## Devotional

Just as gold is refined by fire, our convictions are strengthened through challenges. When we face difficult situations, our values and beliefs are tested, revealing areas where we need growth and reinforcement. These testing times aren't meant to break us but to build us up, making our faith more resilient and our commitment to God stronger. By staying connected to God's Word and remaining teachable, we can use these challenges as opportunities for spiritual growth and deeper faith.

## Bible Verse

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. - Jeremiah 29:11

## Reflection Question

How have recent challenges tested your convictions, and what have you learned about yourself through these experiences?

## Quote

In seasons of your life, your convictions will get tested.

## Prayer

Heavenly Father, thank You for the challenges that strengthen my faith. Help me grow through difficult times and keep my focus on You. Shape me into the person You've called me to be. In Jesus' name, Amen.